

Monthly tips and resources for young adults, their families, and supporters who are exploring options for life after high school in Indiana.

What's Your Summer Plan?

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Beyond the sun and fun, summer is an ideal time for recent or soon-to-be graduates to shape their future. You can use the summer break to explore career options, make key decisions, and invest in the skills that will pave the way for postsecondary success. There are opportunities available across Indiana that can support you during this time. Many

agencies and employers offer job experiences, time to investigate postsecondary education offerings, summer camps, and internships. These activities will build your independence, confidence, and essential life skills.



3 Actionable Steps for a Productive and Enjoyable Summer

- Attend summer camps.** You're never too old to go to camp! CHAMP Camp in Carmel, Indiana and Camp Millhouse in South Bend, Indiana offer traditional camp experiences with activities like swimming, canoeing, and zip-lining. These activities are adapted to meet the needs of individuals with disabilities. Both camps focus on promoting independence, self-esteem, and socialization.
 - [Champ Camp](#)
 - [Camp Millhouse](#)
- Visit college campuses.** Many colleges offer programs specifically designed for students with disabilities. These inclusive postsecondary education programs provide academic support, peer mentoring, and opportunities for social engagement. These programs can help you transition smoothly into college life, ensuring you receive the necessary accommodations and support to succeed academically and socially.
 - [ABLE Program at Huntington University](#)
 - [The Build Program at U of Indy](#)
 - [SITE Program at IU Indianapolis](#)
 - [Think College Indiana](#)
- Pursue job exploration.** The American Job Center Network is a nationwide system of career centers that are part of the U.S. Department of Labor. In Indiana, this network is called WorkOne. This network plays a crucial role in supporting young adults with disabilities in career development. These centers offer a range of services, including career guidance, job search assistance, and work-based learning opportunities.

WorkOne also provides assistive technology and accommodations to ensure accessibility for all job seekers. WorkOne also has a program called SummerWorks. This is a free summer training program for individuals aged 16-24. Their goal is to help young adults develop skills needed to succeed at work through two separate programs, Techworks and Ready to Work. Contact WorkOne or the job center network in your state for more information.

- [Work One Job Centers](#)
- [Summer Works Southern Indiana](#)
- [Work One SummerWorks Program](#)

Whether it's enjoying the great outdoors at a camp, pursuing higher education, or preparing for a job, summer is a great time to increase your employment, education, and community living skills.

What's Next? is a project of the Center on Community Living and Careers.

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